Shame Inhibits an Asian-American Adolescent’s Development of an Achieved Ethnic Identity
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- Posits that the experience of shame impacts the ethnic identity development of Asian American adolescents.

- The integration of Phinney’s (1990) theory of ethnic identity development and Lewis, M.’s (1992) theory of shame are utilized to address the proposed hypothesis that the experience of shame inhibits an Asian American adolescent’s development of an achieved ethnic identity.

- Integrative model offers an explanation as to how shame impacts the Asian American adolescent from obtaining the four components of an achieved ethnic identity.

- When administrators, teachers, and school psychologists understand the effect of shame, they can better support this population.